

The Surprising New Science of Running

Men's Journal

June/July 2010 | Volume 19 | Number 5

Do Summer Right!

- HOW TO THROW a BACKYARD PARTY
- HIDDEN SPOTS of YELLOWSTONE
- THE GREAT COAST to COAST ROAD TRIP (SEATTLE to MIAMI)

The Mystery of David Duval
THE FALL OF A GOLF SUPERSTAR

The Last Perfect Beach Town
by ANDREW MCCARTHY

Why the World Cup Sucks
by MATT TAIBBI

Lance's Revenge

Angry, Tuned Up & Ready to Kick Ass

SUMMER GEAR

TOOLS FOR GRILLING
BEACH CHAIRS
OUTDOOR SPEAKERS
CAMERA BAGS
LIGHTWEIGHT HIKING BOOTS

MENSJOURNAL.COM

\$5.99US



GEAR

Polaris Ranger RZR 4 Robby Gordon Side-by-Side

The dirt-ripping love child of an ATV and a go-kart, the first four-person Ranger RZR boasts a 55-horsepower engine, racing suspension, and all-wheel drive. You'll have more fun in the mud than a Woodstock attendee. [\$15,000; polarisindustries.com]



DETAIL
Knobby 26-inch Maxxis Bighorn tires treat mud and dirt like a dog treats a ham bone.

Time for Some Fun

Specifically, fun that involves awesome toys: a handmade bamboo skateboard, an electric motorcycle, or your own personal Predator drone. *by* **STAN HORACZEK**

ALSO COVERED THIS MONTH

SUMMER TOYS
pg. 130

GRILL TOOLS
pg. 132

CAMERA BAGS
pg. 134

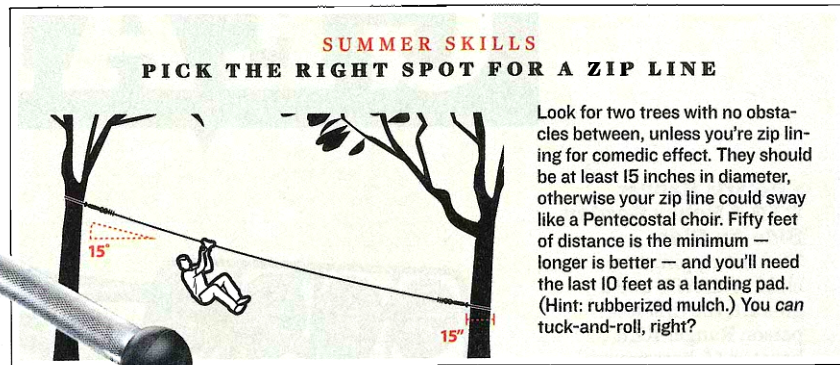
BIKE SEATS
pg. 138

LIGHT HIKERS
pg. 140

BEACH CHAIRS
pg. 142

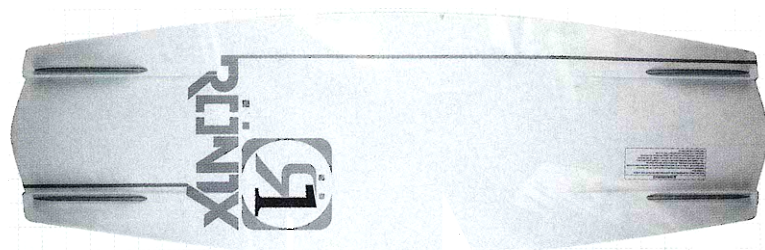
▲ **Velocity Zip Line Kit**

A few hours' worth of elbow grease and you'll be zip lining across your backyard like a Bud-fueled Batman. This kit has the basics — a trolley with sealed bearings for speeds up to 40 mph, a carabiner, and a 20-inch knurled steel handle. Outdoorfunstore.com also sells mounting hardware, complete with cable. [\$149; outdoorfunstore.com]



▲ **Ronix Ibox Wakeboard**

Surfers may pity the coast-free folks of the flyover states, but that's because they've never sliced across a lake on a wakeboard. The Ibox is the Ferrari of decks, co-designed by the sport's figurehead, Parks Bonifay. His involvement led to an inch-wider tip and tail, plus a sharper rail, for faster cuts across the water. [\$420; ronixwake.com]



▼ **Zero DS Electric Motorcycle**

Remember how envious you were when your neighbor's dad bought him a mini-bike? The electric Zero is the big-boy version. A four-hour charge delivers up to 60 miles of juice. With a top speed of 67 mph and on- or off-road capability, it's perfect as a summer runabout — and for making the neighbors jealous. [\$10,000; zeromotorcycles.com]



DETAIL
The Zero weighs in at only 297 pounds, partly due to the lightweight aluminum frame.

DETAIL
The dual-pivoting Gullwing Sidewinder trucks allow for fluid downhill carving.

▼ **SuperGreen Skateboard**

E-mail Hunter Smith with the exact size and specs of your dream downhill board, cruiser, or longboard, and two weeks later you'll hold a rolling piece of art hewn from bamboo. It turns out that the eco-friendly panda food is more durable and provides better feel than the average deck, so you'll ride better, too. [from \$399; supergreenboards.com]



DETAIL
The wood used in the FB Collection paddles is scrap from Brazilian furniture makers.

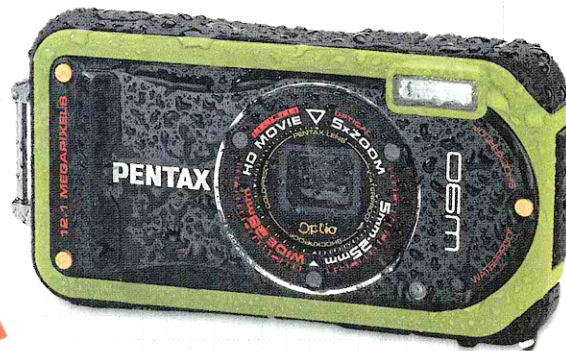
► **FB Collection Lopes Mendes Beach Bat Set**

Frescobol is a Brazilian sport resembling tennis, only it's played without a net and on a beach. Modern pros use fiberglass paddles, but these hand-varnished versions — made from five pieces of Brazilian wood such as ipé and cedro — resemble the originals from the late '40s. [\$170; fbcollection.com]



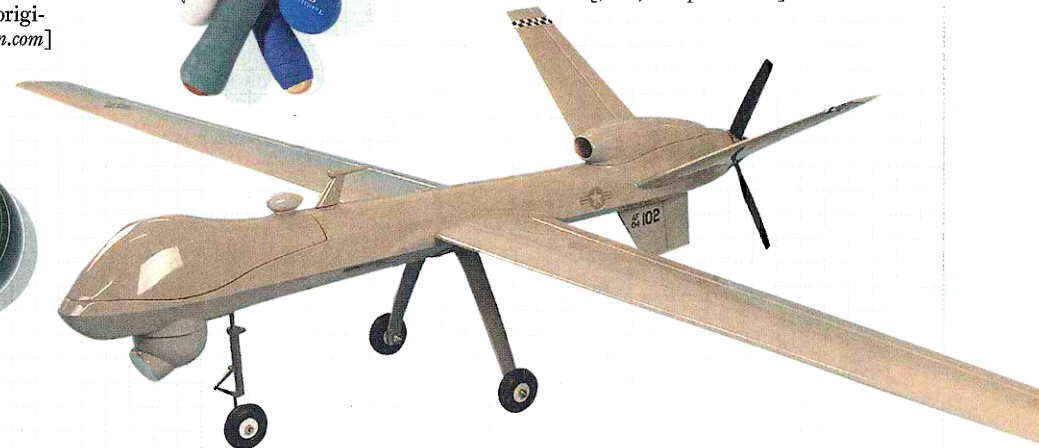
▲ **Pentax Optio W90**

Whether you're at the beach or at Bonnaroo, you'll want a camera that can handle getting knocked around. The 12.1-megapixel W90 delivers all the point-and-shoot essentials — 5x optical zoom, 720p high-def video — plus, its burly rubberized case makes it sand-proof, shock-resistant, and waterproof to 20 feet. [\$330; pentaximaging.com]



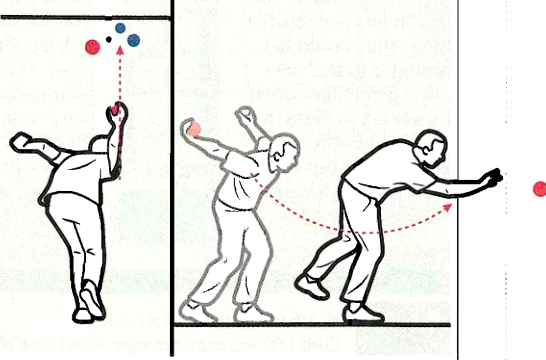
▼ **Projet MQ-9 Reaper 98-inch RC UAV Predator Drone**

The allure of piloting a radio-controlled Predator with an eight-foot wingspan is obvious, and further heightened if you opt for the voyeuristic chin-mounted videocam (\$50). One piece of advice: Don't fly the Projet drone anywhere near a military base. [\$140; nitroplanes.com]



SUMMER SKILLS
BASH A BOCCO BALL

Rookies mistakenly line up the center of their body with their target — instead, line up your throwing arm with your opponent's ball. Begin your approach five paces back from the line. Two steps out, start your underhand toss. Keep your elbow tucked in and locked, and follow through by stepping past where you throw. Leave your hand aloft à la Reggie Miller if you know you've hit pay dirt.



▲ **St. Pierre Tournament Bocce Ball Set**

Nothing against horseshoes, but bocce may be the perfect backyard game: no pits to dig or stakes to set, and it always leaves one hand open for a brew. These perfectly shaped 107mm thermoplastic orbs meet the official specs of the U.S. Bocce Federation — which means you won't have any excuses for botching a toss. [\$130; stpierreusa.com]



ILLUSTRATIONS BY ANDRILLO ZIP LINE: MICHAEL PIRROCCO

SKATEBOARD, BOCCO BALL SET: MICHAEL PIRROCCO